**Article** title

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Abstract

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1. Section heading

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2. Equations, Tables, Figures…

If you want to insert equations, please use the button Equation in the toolbars. Detailed operations are as follows. Press the Tab key, then insert the equation, which will be centered. To insert the equation number, press Tab again. Number the equations consecutively. For example,

 (1)

Never use ordinary script for any equation, whether inline or numbered.

If you want to insert tables, please use the buttons Table Title, Table Footnote, and Format Table in the toolbars. Only the table number and the heading. need to be entered. For example,

**Table 1. Title of the table.**

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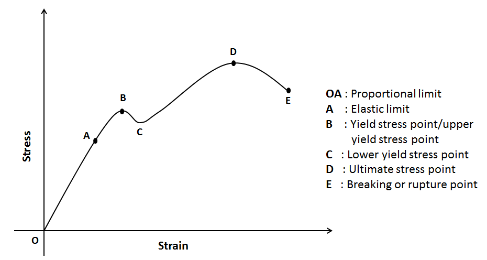


Fig. 1 Title of the figure

5. Conclusion

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Acknowledgements

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References

References should be cited in the text by putting author name/s and year of publication in parentheses: one author: (Miller 1991), two authors: (Miller and Smith 1994), three authors or more: (Miller et al. 1995);

**Journal article**

Gamelin FX, Baquet G, Berthoin S, Thevenet D, Nourry C, Nottin S, Bosquet L (2009) Effect of high intensity intermittent training on heart rate variability in prepubescent children. Eur J Appl Physiol 105:731-738. doi:10.1007/s00421-008-0955-8

Ideally, the names of all authors should be provided, but the usage of “et al” in long author lists will also be accepted:

Smith J, Jones M Jr, Houghton L et al (1999) Future of health insurance. N Engl J Med 965:325–329

**Journal article only by DOI**

Slifka MK, Whitton JL (2000) Clinical implications of dysregulated cytokine production. J Mol Med. doi:10.1007/s001090000086

**Book**

South J, Blass B (2001) The future of modern genomics. Blackwell, London Book chapter

Brown B, Aaron M (2001) The politics of nature. In: Smith J (ed) The rise of modern genomics, 3rd edn. Wiley, New York

**Online document (no DOI available)**

Marshall TG, Marshall FE (2003) New treatments emerge as sarcoidosis yields up its secrets. ClinMed NetPrints. http://clinmed.netprints.org/cgi/content/full/2003010001v1. Accessed 24 June 2004

**Dissertation**

Trent JW (1975) Experimental acute renal failure. Dissertation, University of California